



Song Writing Contest Application Sheet

Are you into being healthy and fit? Did you ever want to write your own song? Do you want to see your work on television? Then this is the contest for you!

WSKG and Johnny Only, a local songwriter and singer/musician of children's songs are hosting a songwriting contest as part of WSKG's Working on Wellness (WoW) initiative. WoW focuses on activities that will expand community programs for children health. We are looking for students in grades K-12 to write songs about healthy living by emphasizing the value of exercise and nutrition. The winning songs will be featured on our Move It! television show.

Eligibility: Students must be in grades K-12. Applicants may be individuals, classrooms or small groups (i.e. bands). Any adult can assist a student, but creativity and talent should come from the child.

Application process: The applicant should compose an **original** song that consists of music with lyrics or lyrics only. We encourage all applicants to create and incorporate choreography into their songs, but it is not mandatory to enter the contest. Applicants can perform their own song or Johnny Only can perform it. If you are only submitting lyrics, please attach a description sheet of how you would like the song to sound. Include: instruments used, beat, tempo, style, etc. Remember to include both verses and a refrain in your song.

Mail your application sheet, song, and description sheet (if necessary) to WSKG at:

WSKG Song Writing Contest
c/o Nancy Coddington
P .O. Box 3000
Binghamton, NY 13902

Entries must be received by April 16, 2010. All submissions must be mailed and typed; no electronic submissions will be accepted. Johnny Only will make selections of winners by the end of April. Johnny Only will then meet with the winners to finalize the composition.

Name(s): _____

Grade: _____ School Name: _____

School Phone Number: _____

Teacher/Homeroom: _____

Title of Song: _____

I hereby recognize that this submitted song is my own work. I did not copy the melody or lyrics from a previously released song or published work.

Signature of applicant(s): _____

Signature of parent/guardian: _____

**Be sure to mail application sheet, song, and description sheet (if submitting lyrics only)*

Contact WSKG if you have further questions: Nancy Coddington 607.729.0100 x342